

**6 BE'S OF YOUTH EXCHANGE**

**Be First**

I am a person of action!

**Be Curious**

I seek to understand!

**Be on Purpose**

I am certain of my outcome and move steadily toward it!

**Be Grateful**

I focus on things I can be thankful for!

**Be of Service**

I give of myself!

**Be Here Now**

I live in the moment!

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